

Refuse To Be A Victim

Quarterly Newsletter Winter 2024



We've got a lot to look forward to in 2024!

First, we're pleased to welcome Maj. Ed O'Carroll, who's joining our department as an official staff member. [Ed retired from a 30-year career](#) with the Fairfax County Police Department in Virginia, leading the major crimes division in his last four years there. He's also been working with RTBAV for more than two decades as a national trainer. We're looking forward to working with Ed as he shares his knowledge with more instructors and students in the future.

The [NRA Annual Meetings](#) are coming up on May 16-19 in Dallas, Texas. We'll share more details about our plans for a RTBAV workshop soon.

RTBAV IN THE NEWS

The Saline Courier

Local business teams with NRA to present self-defense class

By Tiffany Hays news@bentoncourier.com Jan 6, 2024

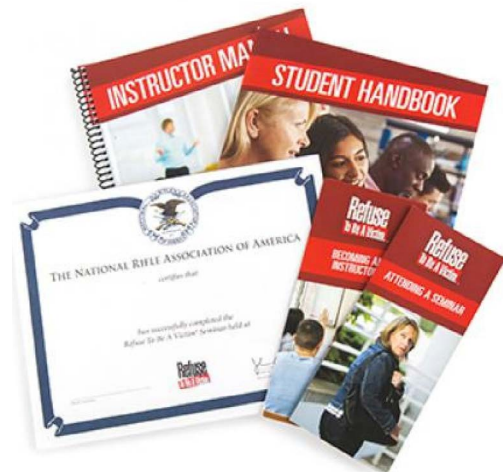


She Shoots Back, LLC, is dedicated to helping women in Benton and Saline County protect what is important to them, according to the business' website, sheshootsback.com.

Special to The Saline Courier

Make sure to order your materials early, so they'll arrive in plenty of time before your workshop!

We recommend ordering at least three or four weeks ahead.





CUSTOMIZING THE CURRICULUM

RTBAV for senior students

As a Refuse To Be A Victim instructor, you have lots of information to share with your community about personal safety. When you're presenting the program to a segment of the community or a particular demographic, you can modify the course to present information that will focus on the unique issues that they face.

For example, if you're providing a class for the residents at a senior living community, help your students understand how to avoid [scams that target the elderly](#) – especially [grandparent scams](#), [spoofing scams](#), and other forms of [financial abuse](#). Help them understand how to know when they're getting illegitimate calls from [Social Security](#) or [Medicare](#).

Give your students the tools they need so they can be vigilant for the first signs of fraud. Help them understand what signs to look for, so they have the skepticism they need for their own self-defense.

In future issues of this newsletter, we'll share advice that can help you adjust the RTBAV curriculum to keep your message relevant and valuable to the people taking your class.

If you've got questions about modifying RTBAV – or you'd like some ideas that'll help you tailor the program to a group in your community – send us an email at refuse@nrahq.org or call us at 800-861-1166.

What's a grandparent scam?

You get a phone call from someone who claims to be your grandchild – or someone calling on behalf of your grandchild. The caller tells you that your grandchild is in trouble – perhaps that your grandchild has been arrested, was in a car accident, or has been kidnapped.

And the caller tells you that the only way to help your grandchild is to send a large sum of money, possibly by wire or gift cards.

Play it safe. Resist the impulse to react with urgency. Verify the caller's identity. Call your grandchild (or your grandchild's parent) on a phone number that you know is legitimate to confirm the story.

See <https://consumerfed.org/pdfs/Grandparent-Scam-Tips.pdf> for tips to share with your students.



A flashlight can help you find your way in the dark – letting you illuminate dangerous or hazardous areas, and letting you determine whether the person who’s approaching you under the cover of darkness is a friend or a stranger.

A tactical flashlight can be an effective tool for self-defense. Shining the light into a potential assailant’s eyes can cause temporary disorientation; while they’re blinded, you have more time to access a safer location.

Get a flashlight that’s rugged and waterproof for years of use in all kinds of conditions. Some durable heavyweight tactical flashlights can be used as blunt objects for self-defense. A tactical flashlight should give off at least 120 lumens of light to be effective at temporarily blinding an attacker.



Looking for a tactical flashlight? The [NRA Scribe flashlight by ASP](https://nrastore.com/nra-scribe-flashlight) is a slim, pen-sized tactical flashlight capable of producing 330 lumens of light, and can be recharged via micro USB. Order it online at <https://nrastore.com/nra-scribe-flashlight> or by calling 888-607-6007.

Keep your courses up-to-date with the latest statistics on crime. Check these sources for national data and crime prevention tips. Bookmark your state and local law enforcement agencies' websites that provide more detailed reports on what's affecting your local community.

- **Federal Bureau of Investigation Crime Data Explorer**
<https://cde.ucr.cjis.gov>
- **Bureau of Justice Statistics: Crime**
<https://bjs.ojp.gov/topics/crime>
- **National Crime Prevention Council Crime Prevention and Personal Safety Tips**
<https://www.ncpc.org/resources/home-neighborhood-safety/>



We want to know what you want to see in this newsletter!

Send us an email with your suggestions.

refuse@nrahq.org